

The NHS in East Berkshire spent over £3.7million last year on products that can be bought without a prescription.

The NHS is under pressure. Our budget is not large enough to pay for all the treatments we would like to purchase.

NHS guidance recommends that items that can be bought without a prescription should no longer be prescribed across England.

Treatments for the following conditions are available to buy over the counter from pharmacies. NHS prescriptions will not be available for these conditions in East Berkshire from 1st September 2018:

Acne	Headlice
Athlete's foot	Heartburn
Burns & scalds	Indigestion
Cold sores	Insect bites & stings
Colds	Irritant dermatitis
Colic	Migraine
Conjunctivitis	Mouth ulcers
Constipation	Nappy rash
Coughs	Nasal congestion
Cradle cap	Acute pain
Cystitis	Probiotics
Dandruff	Ringworm
Dental caries	Sore throat
Diarrhoea	Sun protection
Dry / sore / tired eyes	Sunburn
Dry skin	Teething
Earwax	Threadworms
Excessive sweating	Oral thrush
Fever / high temperature	Toothache
Haemorrhoids	Travel sickness
Hayfever / seasonal rhinitis	Vitamins & minerals
	Warts & verrucae

Website www.eastberkshireccg.nhs.uk

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